

LESSON *plan*



Grades: K-2

Book Vocabulary: Same,
Different

Lesson topic: It's Okay to Be Different.

Time: 30 minutes

Book Summary: “Little Sammy Square Finds His Voice” by Lisa R. Thomas, M.Ed. In a family of circles, Little Sammy Square struggles to fit in. He is very different from the rest of his family members. They are all circles, and he is a little square. Everyone in his circle family plays an instrument, but not Little Sammy Square. This makes Sammy feel very sad. He doesn't like to feel different. He wishes he could be just like everyone else. Little Sammy will soon discover a special treasure. This treasure will help him to see that he doesn't have to be just like everyone else to fit in. He can just be himself and find his own voice.

Materials needed:

“Little Sammy Square Finds His Voice” book

A pack of skittles candy

Bowl

Plastic Knife

Objective:

Students will identify similarities and differences between themselves and their peers and will learn that it is okay to be different.

ASCA Student Standards: Mindsets and Behaviors for Student Success

B-SS4. Empathy

B-SS 2. Positive, respectful and supportive relationships with students who

are similar to and different from them.

B-SMS7. Effective Coping skills

Procedure:

- Begin the lesson by asking, “What do you think it would be like if we all looked the same, acted the same and liked the same things?”. Discuss positives and negatives. Introduce the objective to the students. Introduce counseling vocabulary. “In our community, which is the place where we live, go to school and work we have a lot of diversity. Diversity means that we have people that look different, like to do different things, and sometimes come from different places. Today we are going to read a story about how special it is to be different.
- Begin reading the book “Little Sammy Square Finds His Voice” By Lisa R. Thomas, M.Ed.
- During the reading allow for student comments and questions about the illustrations and text in the book.
- After Reading: present the class with a bowl of skittles. Let students comment on what they observe about the skittles. Make a list of similarities and differences. Ask the class what do you think the skittles look like on the inside? Cut one open. Explain to the students that “even though the skittles look different on the outside, they are the same inside”. People are like that too! Let students pick one skittle to eat.

Counselor Vocabulary:

Community, Diversity

Themes:

Self- confidence, empathy, celebrating differences, diversity, families, perseverance.

Home Connection:

Invite students to discuss similarities and differences among family members based on appearance and preferred activities similar to Little Sammy Square and his family in the book.